

LIABILITY RELEASE AND EXPRESS ASSUMPTION OF RISK

READ COMPLETELY BEFORE SIGNING

I, the undersigned, as the Participant or the parents/legal guardians of the Participant, hereby state I am voluntarily participating in the Air Commando Invitational (hereinafter referred to as "Invitational") offered by United States Air Force. I hereby affirm that I have been thoroughly informed of the inherent hazards and risks involved in participating in the Invitational, and fully understand said hazards and risks.

I understand that the Invitational is a seven-on-seven football competition. As such, it is a physically challenging activity that involves intense cardiovascular exercise and physical impact. I understand that injuries consistent with football and similar contact sports may occur including but not limited to bruising, sprains, broken bones, scratches, concussion, etc. I am fully aware of the risks and hazards inherent in participating and I voluntarily, knowingly, and freely assume all risks associated with participating in the Invitational, including, but not limited to, my own actions, inactions, negligence, gross negligence, or misconduct; the actions, inactions, negligence, gross negligence, or misconduct of others; falls; injuries; illnesses; infections; contact with others; premises defects; and the effects of weather.

I hereby exempt, release, and hold harmless the United States government, the United States Air Force, C3, and their officers, agents, and employees, (hereinafter referred to as Releasees) from any liability, claims, court actions, lawsuits, or causes of actions for personal injuries (including death) and or property damage which the Participant may suffer while participating in the Invitational. This release from liability covers any injury or damage from participation in the Invitational, including the use of the property. I waive liability in my own capacity on behalf of myself, my heirs, my personal representatives, my executors, my administrators, my successors, my next of kin, derivative claimants, and my estate.

I hereby state the Participant is in good physical condition and health, and I know of no medical symptoms, conditions, illnesses, or other ailments which would be aggravated, worsened, or in any way adversely affected by participation in the Invitational. I hereby state that I have medical insurance. If I am pregnant, disabled in any way or have recently suffered an illness or injury, I consulted a physician before participating in the Invitational. I consent to medical care and transportation in order to obtain treatment in the event of injury to the Participant as military personnel or medical professionals may deem appropriate. I understand that this Waiver & Release extends to any liability arising out of or in any way connected with the medical treatment and transportation provided in the event of an emergency and/or injury. If medical care is necessary, I understand that I am solely liable for the costs of such medical care and treatment, and that the Releasees will not be liable for such costs. I understand that the United States Air Force and the United States government will not pay for medical care relating to any

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injury, condition or illness sustained or arising out of participation in the Invitational, nor will I receive any other compensation, damages or remuneration for the same.

The Participant agrees to observe and obey all posted rules and warnings, to follow any instructions or directions given by staff and military personnel through its employees, representatives, or agents. I understand and agree the Participant is expected to exhibit appropriate behavior at all times while at the Invitational and to obey all local, state and federal laws while participating in or attending the Invitational. I agree to indemnify the Releasees from any and all third party claims caused in whole or in part by the Participant's negligent, grossly negligent or intentional acts or omissions. The Participant agrees not to consume alcohol prior to the Invitational or use any medicine or substance that will inhibit my mental or physical ability to safely participate. The Participant agrees to immediately notify personnel of any injury, physical pain, shortness of breath, or discomfort during these activities.

I recognize and acknowledge that there are hazards and risks of physical injury or illness to the Invitational participants and that not all such hazards or risks can be fully eliminated. I freely and voluntarily agree to assume the full risk of death, bodily injury or property damage, regardless of severity, that I may sustain as a result of my participation in the Invitational, whether or not caused by the active or passive negligence, gross negligence or willful or intentional acts, omissions or misconduct of the Releasees.

I expressly agree that the Waiver is intended to be as broad and inclusive as permitted by the law, and that if any portion is held invalid, it is agreed that the balance shall continue in full legal force and effect. It is intended to be interpreted according to federal law.

I am of lawful age, or the Parent/Guardian of the Participant and am competent to sign this liability release. I make this Release voluntarily, and I realize the consequence of the waiver and release. I am not acting under duress, fraud, undue influence, or any type of mental disability.

Signature of Participant

Signature of Parent/Guardian Date

Printed Name of Participant

Printed Name of Parent/Guardian

Emergency phone number

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